

Graduate Medical Education



ADVANCING KNOWLEDGE. TRANSFORMING LIVES.

July, 2010

A Message from the Asst. Dean.....

A Funny thing Happened.....

Upcoming Events

- Aug. 10 —
PEERS Day
- Aug. 13 —
PEERS Day
- Sept. 17 —*Resident Forum (noon-Sparrow Auditorium)*
- Sept. 24—*MSU GMEC Meeting*



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One of the most common complaints or concerns entered by residents in the ACGME Annual Resident Survey is the lack of a forum in which concerns regarding their program (or graduate education in general) can be expressed in a confidential manner. As your DIO, I am acutely aware of the importance of involving all of our learners in the improvement process. After all, it is you, the residents and fellows, who benefit from enhancing the quality of training in our programs. In a larger sense, though, all of our patients (and the general "health" of the community) benefit when our high-quality training translates to high-quality patient care.

The ACGME recognizes the importance of anonymous mechanisms for reporting training concerns by residents and fellows. To facilitate this, we will initiate quarterly resident/fellow forums beginning in September. Prior to the first meeting, I will spend time with representatives from each MSU-

sponsored program to discuss the details of the forum. I anticipate that this forum will be the setting for electing representatives to our Graduate Medical Education Committee, where these individuals will be responsible for presenting a report to the GMEC regarding resident concerns. We will also be looking at the forum as a means to present items of interest to all residents—like medical ethics, sleep deprivation, patient safety and other topics. If you have ideas on topics for the forum, please let our office know.

The Resident/Fellow Forum is but one way you can communicate concerns (or kudos) to my office. Note on the front of this newsletter that there is a confidential email address where any resident can communicate anonymously with the GME office. In addition, we maintain a "hotline", where residents can call anonymously to register concerns. You can be assured that any complaint presented to my office will be treated with appropriate confidentiality.

We in the GME office are here at any time to assist with matters related to your training. Thanks for being a part of the MSU "family" — the university and our patients appreciate the efforts you put forth daily for the health of the community!



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Meet Dr. Andary - Physical Medicine & Rehab. Program Director

After receiving his BS from MSU, Dr. Andary continued his education and training at Wayne State University and the University of Washington. Family brought him back to the Lansing area, and the call of an academic career brought him to MSU. Not only was he teaching, but Dr. Andary was also given the opportunity/challenge to develop a PM&R residency program for MSU. The program started in 1993, and he has been the Director since its inception. Teaching and Program administration would be enough to fill one's days, but this physician also provides leadership to professional associations, and has an out-patient rehabilitation practice.

After living in Detroit and Seattle, Dr. Andary appreciates the smaller city of Lansing. He misses the mountains, but not the congestion. Instead of sitting in traffic, he can get home to his family, and enjoy coaching and playing hockey, or a good run.

Dr. Andary recalls his earlier days when he was an MD in a DO school; when there were no duty-hour limits, and people stayed in the hospital longer; and when the department accepted the challenge of moving most of the program from Ingham to Sparrow. He learned that things rarely go as planned, so one must be flexible – a lesson he still values.

Dr. Andary also believes in having fun: "If you're not having fun, then you're not doing it right". One only needs to see the twinkle in his eyes and the laughter in his smile to know that he lives by this philosophy.

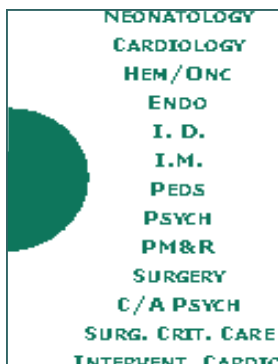


Michael Andary, MD

Program News....

Internal Medicine—Congratulations to the "Doctors' Dilemma" team of Drs. Banga, Peddi, Contractor, and Efeovbokhan for excelling in the American College of Physicians (ACP) Michigan Chapter Scientific Meeting. They will now compete in the regional finals in September. Good Luck!

Surgery—Received a five-year accreditation from ACGME.



Internal Medicine—Drs. Vodnala and Peddi have a case report published.

Psychiatry—Planning their retreat. Watch for a date and details.

Internal Medicine—Drs. Banga, Bhutani, Chung, Contractor, Gaurav, and Narisetty all matched into subspecialty fellowships.

PEERS Day...

(Providing Educational Experiences for Residents and Students)

August 10 & August 13

PEERS Day introduces new residents/fellows to the role of mentor and preceptor. It is based on the model of peer-to-peer education – residents and fellows teach other residents and medical students. This half day event introduces techniques used by successful preceptors, and teaches the mechanics of precepting—such as completing evaluations.

Come, and learn from the best!

Lansing Community Research Day

Graduate Medical Education, Inc (GMEI) and its institutional partners, MSU College of Human Medicine, MSU College of Osteopathic Medicine, Sparrow Health System and Ingham Regional Medical Center, hosted the 5th Annual Lansing Community Research Day on April 29, 2010. Abstracts were submitted from medical students, residents, and fellows from all of GMEI's partner institutions and across specialties.

There were 84 poster abstracts on display and 14 oral presentations. Over 150 participants attended the awards luncheon and keynote presentation by Dr. David E. Scheingart, M.D. Department of Internal Medicine, Division of Endocrinology & Metabolism, University of Michigan Health System.

Congratulations to Mary Hughes, DO, RPH, who received the 2010 Distinguished Mentor Award.

OTHER WINNERS

Best Research Case Study (tie)	Dr. Edith M. Hart Drs. Autumn Bridger, Donald Bartkowski, Benjamin Mosher
Best Poster by a Resident (tie)	Drs. Mitra Campbell, Mary Hughes, David Castle, David Betten Drs. Casey Chamberlain, Michael Horner, Jim Sylvain, Michael Andary
Best Poster by a Fellow	Drs. Mohammad Pervaiz, Ruiping Huang, Keerthy Narisetter, Ameeth Vedre, Kevin Berger, George Abela
Best Oral Presentation by a Medical Student	Drs. Amy Yeh, Maggi Lewis, Khalid Ibrahim, Shannon Manning, Wei Xue, Phillip Reed, Dele Davies
1st Place Oral Presenter - Fellow	Dr. Sreenivasa Chandana
2nd Place Oral Presenter - Fellow	Dr. Fadi Shamoun
1st Place Oral Presenter - Resident	Dr. Jiangyong Min
2nd Place Oral Presenter - Resident	Drs. Kate Schneider, Joseph Meunier
Special Award for Most Innovative and Creative Research Project	Dr. Matthew Allswede

Physical Medicine and Rehabilitation Program

Physical Medicine and Rehabilitation focuses on restoration of the body and mind after trauma or disease has occurred.

The nine residents in this program learn diagnostic and treatment techniques. They work with patients in the clinic to help them attain the highest possible level of functioning – often using an inter-disciplinary approach.

MSU/COM's PM&R residency is unique in that it is dually accredited.

There is only one other in the country that is approved by both ACGME and AOA. The training sites include Sparrow, Ingham, McLaren, Mary Freebed, and private practices.

Dr. Andary, the CHM Program Director, is highlighted in another article of this newsletter. Dr. Jim Sylvain is the COM Program Director. Dr. Margaret Fankhauser, who is board certified in both Pediatrics and PM&R, and Dr. Larry

Prokop, who directs the outpatient rehab clinics, are part of the faculty. Each of these individuals has an impressive history of learning, teaching, and leadership.

The strength of its faculty, and having Program Directors from two different backgrounds, are assets to this program. The residents definitely benefit from the diverse training, and most graduates go on to Fellowship programs.

Medical Professionalism *(continued from earlier issues)*

The first two articles in our series on Medical Professionalism focused on the roles of resident physicians as Care-givers, and Teachers. This article will address the resident physician as Learner.

The role of Learner is nothing new, for residents have already completed twenty years of education. The residency years, however, approach learning from a different perspective. Didactics take a back seat to self-directed learning in a clinical setting, where one develops as a clinician, in response to clinical problems. The brain, which has been so well-fed with “book-knowledge”, now incorporates logical reasoning, common-sense, critical thinking, and empathy into problem solving. The resident is now making the judgment calls, and must be well-informed to make the best possible decisions.

Residents work with many mentors, and are wise to consider each encounter as an opportunity to learn and grow. Observe and emulate the good role-models.

Remember, too, that an open-minded physician who listens well can learn from patients, and other health care personnel. Never pass up an opportunity to be enlightened.

As a member of the community, the resident physician must appreciate the social, economic, and political factors impacting health-care. To do this, it is important to stay current with advances in medical knowledge, and cultivate the ability to critically assess literature. This skill is enhanced through the research of one’s residency years.

The role of physician as Learner is a subtle aspect of your “sandwich board” of professionalism, but is a critical part of each physician’s everyday life. Medicine is a profession of constant change and adaptation. Embrace the challenge of being an eternal “student”, so you may be the best provider to all who entrust you with their care.



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WE'RE ON THE WEB

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Graduate Medical Education Mission

“The mission of MSU’s College of Human Medicine in Graduate Medical Education is to provide Institutional Sponsorship to high quality programs of GME, in those primary and specialty care disciplines relevant to the College’s mission. Such GME programs will be accomplished in concert with the teaching hospitals and health systems affiliated with the College.”

“The Graduate Medical Education Committee will oversee the conduct and management of all residency and fellowship programs for which MSU/CHM is the sponsoring institution.”