

Graduate Medical Education



ADVANCING KNOWLEDGE. TRANSFORMING LIVES.

January, 2011

A Message from the Asst. Dean.....

Upcoming Events

- Feb. 16—GME Advocacy Day at the Capitol
- March 11 —
Resident Forum
(noon – SPB Conf. Rm.
F/G - lunch provided)
- March 25—MSU
GMEC Meeting
- April 21—Research Day

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Along with aspects of professionalism covered in my previous column, your residency and fellowship time is important for developing a sense of what it takes to be a good “citizen” on a medical staff. Health systems look at professional behaviors such as medical records completion and hand-washing to measure how well we as physicians comply with our duties as citizens.

Along with these more tangible measures, health systems also look to members of the medical staff to assure that hospitals continue to focus on quality delivery of care. Many systems call upon volunteers from the medical staff to make up departmental executive committees, as well as medical staff executive committees. In fact, the ACGME feels so strongly about the role of physicians in helping assure quality care that they require our institution to facilitate membership by residents on medical staff committees. For our medical staff, the MSU Health Team, we have

Medical Citizenship

identified three committees that are seeking resident members. These committees are:

The Quality Council (David Walsworth, MD, Chair)—This committee monitors quality improvement projects and policies for the MSU Health Team. Each unit can develop their own quality improvement projects, but the Quality Council serves as a central committee to monitor quality of care at the unit level and throughout the Health Team practices. The committee meets the 4th Monday of every month from 11:30-1:00 in room B109 Clinical Center

Clinical Informatics Steering Committee (Michael Zaroukian, MD, Chair)—This committee oversees the implementation of the Centricity electronic medical record within the Health Team, as well as oversight for medical records and informatics policies within the faculty group practice. The committee meets the 3rd Thursday of every month from 10:00-12:00 in room 162 Radiology Building.

Patient Safety Committee (Christopher Pohlod, DO, Chair)—This committee has responsibility for development and implementation of Health Team policies and procedures related to patient safety, as well as monitoring the practice for issues and problems of patient safety. The committee meets the 4th Thursday of every month from 11:30-12:30 in room A205C Clinical Center.

Each committee is looking for two resident members. If you are interested in serving for a one-year term, please contact your program director or Maureen McGrail. I urge you to take advantage of this opportunity to become involved in the everyday workings of our medical staff, the MSU Health Team.



Randy Pearson, M.D.

Assistant Dean & DME

Meet Dr. Ley - Psychiatry Residency Program Director.....

Alyse Ley, DO moved to the Lansing area at age 15, and fell in love with the city and the future it held for her.

After graduating from MSU COM, she completed a general psychiatry residency and a child/adolescent fellowship at MSU. During her years of training, Dr. Ley was inspired by many dedicated physician teachers, and realized she had the same enthusiasm for teaching. She decided to continue her career at MSU, as the university provides the unique opportunity to teach at two medical schools. Dr. Ley thoroughly enjoys helping physicians in training who will one day become advocates for their patients. Part of her choice to go into the field of Psychiatry was because of the emphasis the field places on education.

Dr. Ley encourages residents to learn to take time with their patients – to be with them where they are, at that moment. She strives to emphasize that it is an honor and great privilege to be a physician; to have the ability to be part of another individual's life, health, and mental well-being. She counsels that no two people, even with the same diagnosis, are alike - so learn from everyone.

Dr. Ley was Associate Director of the Psychiatry residency program for 2.5 years, and has recently become the Program Director. She looks forward to continuing the excellence in the program, and is particularly proud of the program's Continuous Program Improvement and Evaluation process, which allows the program to improve and make changes on a regular basis.

In her “other life”, Dr. Ley and her husband enjoy their four children (ages 1-14), and their boxer. They take advantage of MSU sports, the Wharton Center and the MSU gardens, and then escape to a beach for Spring break.

Her “words of wisdom” to residents: “Enjoy your training. Ask a lot of questions. There's always another question to ask, and something else to learn about the patient.”



Alyse F. Ley, DO

Resident Forum.....



Together we
stick.
Divided, we're
stuck

On December 10, 2010, Dr. Pearson welcomed physicians to the second Resident Forum, and presented a progress report on issues discussed during the Sept. meeting. He then left, so people could talk in an open atmosphere. The main topics of conversation were call rooms, locker rooms, and computers. Your Resident Representatives attended the GMEC meeting later in December, to report on the forum activity.

These forums give you a voice to Graduate Medical Education leadership, thus allowing you to influence improvement in the quality of training in our programs. With participants from various programs, common issues may be identified, and addressed. But your “voice” must attend, to be heard. **The next forum is Friday, March 11, at noon in SPB F/G. Even if you have no issues – come for lunch, and to interact with other residents/fellows.**

There are only four forums a year. Mark June 10, Sept. 16, and Dec. 2 on your calendars, for the future forums. They are all Fridays, in SPB F/G, at noon.

Did You Know.....

- ◆ During a lifetime, the average human will grow 590 miles of hair.
 - ◆ You give birth to 100 billion red cells every day.
 - ◆ When you touch something, you send a message to your brain at 124 mph.
 - ◆ You make one litre of saliva a day.
 - ◆ When you blush, your stomach lining also reddens.
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Internal Reviews: An Important Part of Your Graduate Medical Education Experience.....

During the course of your residency or fellowship, you may be asked to participate in an internal review of your program, or be a member of an internal review committee for another program.

Internal reviews are required by the ACGME and the AOA, and are conducted to ensure that all programs are meeting national accreditation standards. They consist of interviews and a review of program documents by a committee made up of a Program Director, a faculty member and a resident or fellow, each of whom is from a program outside of the one being reviewed. The goal of an internal review is to make sure that the program being reviewed is meeting the requirements set forth by the ACGME/AOA, and to identify any possible shortcomings, so they may be addressed

before an official site visit from the governing organization/s.

Internal reviews occur at the midpoint of a program's accreditation cycle— if a program has been granted a five year approval they would have an internal review 2.5 years into that approval cycle.

Internal reviews are conducted in a non-confrontational manner and with a spirit of teamwork rather than judgment. Reviews offer an opportunity for a program to identify any aspects that can be improved for the long term benefit of the program and its trainees.

As a resident or fellow on an internal review committee, your role is to ask questions from a resident/fellow point of view, and to offer a comparison between how things are done in your program and the program under review. Residents and fellows often have a unique in-

sight on trainee perception, and that can open new avenues of discussion in an internal review.

As a resident or fellow being interviewed during an internal review, you represent all of the trainees in your program. Honest answers and reasoned opinions are critical to the success of the internal review and to the long term strength of the program. Being interviewed during an internal review is a chance to have your voice heard regarding how things are proceeding in the program. If you are nominated to assist in an internal review please seize the opportunity!



Psychiatry Residency Program.....

MSU's Psychiatry Residency Program is designed to train general psychiatrists who are flexible, broadly educated, and equipped to practice psychiatry in a variety of settings. Success is proven by the fact that graduates are employed in private practice, in-patient hospitals, out-patient clinics, mental health centers, prisons, public school programs, and academics. More than 80% of the graduates stay and work in Michigan.

MSU's residency is one of few psychiatry programs in the country with dual accreditation – by the Accreditation Council of Graduate Medical Education (ACGME), and the American Osteopathic Association (AOA). It accepts 4-5 residents each year, and includes both MDs and DOs.

Two unique features of the program include the "Rural Track" and "Psychotherapy Emphasis". The Rural Track offers 4th year residents the opportunity to spend their last year

in Michigan's Upper Peninsula. It provides excellent training for one interested in rural psychiatry. The Psychotherapy Emphasis provides each resident with a strong foundation in psychotherapy, so they are able to apply all treatment modalities in the management of their patients.

The Department is proud of the quality and diversity of its residents, and the way the residents work together to create a great learning experience.



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Graduate Medical Education Mission

"The mission of MSU's College of Human Medicine in Graduate Medical Education is to provide Institutional Sponsorship to high quality programs of GME, in those primary and specialty care disciplines relevant to the College's mission. Such GME programs will be accomplished in concert with the teaching hospitals and health systems affiliated with the College."

"The Graduate Medical Education Committee will oversee the conduct and management of all residency and fellowship programs for which MSU/CHM is the sponsoring institution."