

Graduate Medical Education



ADVANCING KNOWLEDGE. TRANSFORMING LIVES.

July, 2009

THE GME OFFICE - 101

Upcoming Events

- Aug. 4 — PEERS Day For Lansing / E Lansing GME programs
- Aug. 27 — PEERS Day For Lansing/E Lansing GME programs
- August Program Reviews: Neonatology, Pediatrics
- August—Institutional Review
- Sept. 7— Labor Day
- Sept. 25—GMEC Mtg.

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GME oversees MSU/CHM's 5 Residency and 8 Fellowship Programs. Some of the activities involved in this are:

- Implementing policies and procedures of accrediting organizations
- Ensuring quality educational experiences for residents and fellows
- Managing internal reviews of the individual programs
- Acting as liaison with Program Directors, Dept. Chairs, and Hospital Directors of Medical Education
- Administering employment contracts

What this means for Residents and Fellows is that:

- There are people committed to preparing you for the next phase of your professional career; and providing you quality education, a safe environment, and supervision from excellent physicians
- Your files are current and complete
- You have the opportunity to evaluate your program and faculty
- Someone "has your back" – your Program Director or GME office can assist with concerns or problems
- Dr. Pearson is available for confidential discussion or counseling



WHERE TO FIND US

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A MESSAGE FROM THE ASSISTANT DEAN



Randy Pearson, M.D.

Welcome to the inaugural issue of the CHM Lansing Community GME newsletter. This document will hopefully serve as a vehicle for communicating "all things GME" within our programs.

In this issue, we introduce ourselves to you and discuss what you can expect from our office. In the future, we will be highlighting the accomplishments of our residents, fellows, and faculty. In addition, we will discuss unique curricular

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GMEI—In A Nutshell

Graduate Medical Education, Inc. (GMEI) is an educational partnership between the Lansing Hospitals (*Ingham Regional Medical Center and Sparrow Health System*) and Michigan State University (*the Colleges of Human and Osteopathic Medicine*).



**Patients first;
Education
foremost**

GMEI's mission is to support these institutions in their efforts to provide excellent medical education in the Mid-Michigan region.

You may recognize GMEI as host of Precepting PEERS Day, and the annual Resident Research Day – a very popular event, held each Spring. They also offer Resident-led Research Mini-Grants.

Check out their web (gmei.msu.edu) to see recent award winners.

GMEI also conducts internal reviews, to comply with both the allopathic

and osteopathic accrediting groups (ACGME and AOA), and assists in the development of new graduate medical education programs.

The GMEI office is located on MSU's campus, in West Fee Hall.

GMEI STAFF

Carol Parker-Lee – Exec. Dir.

Jennifer Mora – Operations Mgr.

Eric Treanor – Project Mgr.

Program News—Reviews

MSU/CHM's residency and fellowship programs are accredited through ACGME (Accreditation Council for Graduate Medical Education) and/or AOA (American Osteopathic Association). Accreditation is maintained through site visits from the organizations.

There is major preparation for a site visit - documentation is gathered, multiple forms are completed (in detail), justifications are prepared, educational outcomes are reviewed - and the list

goes on. The expected result is that the program is considered to be in compliance, and is granted further accreditation.

Midway between a program's accreditation cycle, it participates in an Internal Review. This self-evaluation process is an opportunity for the program to show improvement from the last site visit, and prepare for the next one.

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**NEONATOLOGY
CARDIOLOGY
HEM/ONC
ENDO
I. D.
I.M.
PEDS
PSYCH
PM&R
SURGERY
C/A PSYCH
SURG. CRIT. CARE
INTERVENT. CARDIO**

When there's a problem.....

MSU/CHM offers procedures for residents/fellows who have concerns.

If a situation is between individuals, the first step is to try to work things out together. This requires honest communication, and active listening. (We often are so busy forming our own thoughts, that we aren't listening to the other person.)

If things cannot be resolved at the first level, your Program Director is a good resource. The Program Director draws from his/her own experience, and knowledge of the University and Hospital, to assist you. S/he has a good understanding of the challenges you face.

Another avenue, which you may not realize, is the Graduate Medical Education office, and the Assistant Dean -

Dr. Randy Pearson. This support is just a phone call (364-5890) or e-mail (randy.pearson@hc.msu.edu) away. And be assured, **any conversation is strictly confidential.** What is most important is that problems are resolved, and you succeed!

Sparrow Health Sciences Library

The Sparrow Health Sciences Library is a full-service medical/nursing library providing evaluated, quality medical information. This 21st century sciences library incorporates both traditional print and electronic resources

Many of the books, journals, periodicals, and other resources may be accessed directly from their website (go to www.sparrow.org, and click the library link on the left). "Up To Date" is the only resource you would have to access from a library computer.

Some sites require a User ID and password. If you have any problems, contact a library associate (Mike, Steve, or Laura) for assistance. They are ready

to lend a hand - in person, on-line, or via phone

The library staff is constantly improving their operation. Something they are looking forward to in the future, is providing easier electronic access, with fewer ID/passwords needed.

Currently, they offer: expert literature searches; acquisition of articles; computers (including wireless-access); photocopier and fax; poster printing; and a quiet refuge.

Contact the Library

Sparrow Health Sciences Library
Sparrow Prof. Bldg. – 1st floor

Mon - Fri 7:00 am – 5:00 pm
(after hour access available through badge)

517-364-5660 (voice)
517-364-5665 (fax)

medical.library@sparrow.org



Make what you do today important, because you're exchanging a day in your life for it.

(Reviews — continued from page 2)

Part of the review process relies on resident/fellow feedback, through evaluations and surveys. Be assured that evaluations and surveys are taken seriously. Dr. Pearson and the Program Directors review them carefully, to implement improvements in our programs.

This is a busy year for us. Interventional Cardiology, Surgery, and Critical Care have completed inter-

nal reviews. Cardiology, Internal Medicine, Interventional Cardiology, Neonatology, and Pediatrics have program reviews scheduled for the fall.

We are also preparing for an Institutional Review, during which ACGME assesses our GME program on the institutional level.

As daunting as all this may be, the process ensures that we are providing quality education to our residents and fellows.

Are you sleeping ?

Fatigue was a contributing factor in:

- ◆ The explosion of the space shuttle Challenger
- ◆ The nuclear meltdown at Chernobyl
- ◆ The grounding of the Exxon Valdez
- ◆ And, innumerable auto crashes



Scientific evidence has shown that fatigue affects performance, moods, and decision making. This, in turn, affects patient safety. The ACGME limits work hours, but that's not always enough, since our way of life has become "24/7".

Some suggestions:

- ◆ Improve sleep habits
- ◆ Make use of naps
- ◆ Use stimulants strategically
- ◆ Interact socially
- ◆ Utilize light therapy
- ◆ Optimize schedules

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WE'RE ON THE WEB

GME.CHM.MSU.EDU

Graduate Medical Education Mission

"The mission of MSU's College of Human Medicine in Graduate Medical Education is to provide Institutional Sponsorship to high quality programs of GME, in those primary and specialty care disciplines relevant to the College's mission. Such GME programs will be accomplished in concert with the teaching hospitals and health systems affiliated with the College."

"The Graduate Medical Education Committee will oversee the conduct and management of all residency and fellowship programs for which MSU/CHM is the sponsoring institution."

Graduate Medical Education Manual

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elements of each of our programs, especially as they relate to the delivery of education within the ACGME Competencies.

In this issue, we present some facts about sleep deprivation and its effect on quality of patient care and your quality of work. Another focus area of our office is the development of programs to enhance your education in patient safety. As our curricular elements continue to "roll out", look to the

GME Newsletter for valuable information on how these elements will enhance your education and, ultimately, your care of patients.

Maureen and I stand ready to assist you with any issues you may have with your training in the Lansing community. Please contact us at the above number or via email with any concerns you may be having. You can be assured that we will treat your issues with the utmost confidentiality.

We are extremely happy that you have chosen the Lansing area and MSU's College of Human Medicine to continue with your medical education. I hope to meet you along the course of your training!